

Summer – Autumn

WHAT'S ON AT MIDDLETHORPE

Part of the National Trust, all profits donated to the charity

www.middlethorpe.com

FORTHCOMING EVENTS

1st August
Yorkshire Day Luncheon

 Yorkshire Brass on
the Terrace

12th August
Best of the East Coast

 Lobster Summer Luncheon
with Jazz

11th September
RHS Garden Tour

Harvest Luncheon


19th September
Ice Cream Feast

Talk and Afternoon Tea


1st October
World Vegetarian Day

Gourmet Luncheon


15th October
A world of wine

South African Wine Luncheon


7th November
Schubert Recital

Reflections on Love

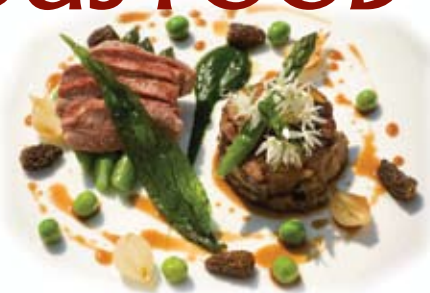

12th November
Champagne Gala Dinner

Perrier-Jouët


8th December
Carl Wilde's Floraganza

FOOD GLORIOUS FOOD

CELEBRATE LOCAL, SEASONAL AND HOME-GROWN FOOD AT THE NATIONAL TRUST'S MIDDLETHORPE HALL



The city of York lies in the heart of one of the most important food producing regions in the country and our head chef Nicholas Evans takes great pride in creating menus using the finest local produce. This year, head gardener David Barker has created a vegetable garden for guests to enjoy, as well as providing the kitchen with the freshest of fare.

Following the theme of "Food Glorious Food" we are delighted to celebrate and congratulate pastry chef, Paul Harrison's twenty five year anniversary at Middlethorpe Hall. You will find Paul's delicious puddings very difficult to resist!

Please join us in our celebrations and experience the cuisine with our tailor-made package which lets

you decide what you want to include in your break, or join us for one of the many special events we have planned for the summer and autumn.

We look forward to welcoming you!



Lionel Chatard
Director & General Manager



We were delighted to receive the
"Most Outstanding Service" award at the 2009
Condé-Nast Johansens annual awards ceremony.



SPECIAL EVENTS AT MIDDLETHORPE HALL

Al Fresco Luncheon



Do come and enjoy a relaxing luncheon on the terrace.

£10.95 per person to include:

- a choice of a snack or a salad from our summer menu
- a glass of house wine
- tea or coffee

Why not complete your afternoon at Middlethorpe with a stroll in our award-winning gardens?

Available throughout the summer.

To reserve a table for luncheon please call 01904 641241

Three Courses for the Price of Two



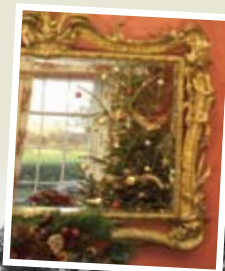
Our ever-popular 'three courses for the price of two' offer starts on Monday 30th August until Friday 26th November for **only £19.50**

Available Monday to Saturday (excluding York race days, maximum 8 per table and not valid in conjunction with any other offer).

Please call reservations on 01904 641241

Christmas House Party 2010

Capture the essence of Christmas this year at Middlethorpe Hall & Spa. Let us take care of you whilst you enjoy a traditional and luxurious Christmas of fine dining and relaxation in a National Trust house.



Please call 01904 641241 for our Christmas brochure or download it from www.middlethorpe.com



AUGUST

CELEBRATE YORKSHIRE DAY!

Sunday 1st August

Celebrate Yorkshire Day in true Yorkshire style. Listen to All Saints Brass, a Yorkshire brass quintet before a traditional Yorkshire Sunday Luncheon with Yorkshire wines.

£49.50 per person

Or **£129 per person** with overnight accommodation and Yorkshire breakfast (based on two people sharing a double/twin room in the courtyard).

Morning coffee at 11:00 am

Pre-luncheon drinks followed by luncheon at 12:30 pm

MENU

Pan-fried Fillet of East Coast Mackerel
gooseberries, elderflower, cucumber

Roast Sirloin of Dales Beef
Yorkshire pudding, red wine sauce

Yorkshire Strawberry Parfait
strawberries, raspberries, rhubarb

Taylor of Harrogate Tea or Coffee
fudge

Please call Julia
on 01904 661301



Congratulations!

We are delighted to celebrate and congratulate pastry chef, Paul Harrison's twenty five year anniversary at Middlethorpe Hall. You will find Paul's delicious puddings very difficult to resist!

BEST OF THE EAST COAST Lobster Summer Luncheon with Jazz

Thursday 12th August

Spend time with family and friends soaking up the atmosphere of the National Trust's Middlethorpe Hall and gardens. Relax with a Pimm's cocktail whilst listening to jazz on the Terrace before enjoying a delicious "Best of the East Coast" three-course luncheon including wines, with guest speaker Richard Fowler of FR Fowler & Son, Burnholme Fisheries.

£49.50 per person

Or **£129 per person** with overnight accommodation and Yorkshire breakfast (based on two people sharing a double/twin room in the courtyard).

Pimm's cocktails at 11:30 am

Luncheon at 12:30 pm

Please call Julia 01904 661301



MENU

Confit Sea-trout

brown crab, crème fraîche, avocado, gazpacho

Poached and Roasted Whitby Lobster

summer vegetable fricassée

Summer Pudding

Yorkshire berries, elderflower, clotted cream

Taylor of Harrogate Tea or Coffee

fudge

SEPTEMBER

RHS GARDEN TOUR Harvesting and storing Saturday 11th September



Following the planting of the vegetable garden in the spring, head gardener David Barker will demonstrate how to harvest various crops from both the vegetable plot and the fruit trees.

Join David for a tour of the gardens and a talk about harvesting and the best way to store fruit for the winter before a sparkling wine reception and a three-course luncheon with wine and coffee.

£35.50 per person

£29.50 for RHS members

Start: 10:30 am

Please call Julia on 01904 661301

ICE CREAM FEAST!

**Sunday 19th
September**

Ivan Day will take us on a journey of discovery as he explores the art of ice cream making in the 18th and 19th centuries. See how he creates unusual taste sensations in their original exotic shapes and learn more about this great English dairy tradition. Discover and taste some of the unusual flavours enjoyed by the Georgians including musk, parmesan cheese and burnt ice cream!

£26.00 includes afternoon tea

3:00 pm to 5:00 pm

Please call Fairfax House on 01904 655543





OCTOBER

WORLD VEGETARIAN DAY

Friday 1st October

Visit Middlethorpe's vegetable garden with head gardener David Barker and head chef Nick Evans (pictured) to see where much of your delicious three-course luncheon came from.

£49.50 per person including organic wines

Or **£129 per person** with overnight accommodation and Yorkshire breakfast (based on two people sharing a double/twin room in the courtyard).

Morning coffee at 11:00 am

Pre-luncheon drinks followed by luncheon at 12:30 pm

Please call Julia on 01904 661301



A WORLD OF WINE

Wine Luncheon - South Africa

Friday 15th October

This exciting series of luncheons featuring new world wines starts with South Africa and we are delighted that Lisha Nelson of the Nelson Estate, Paarl will be our guest speaker.

£49.50 per person

Or **£129 per person** with overnight accommodation and Yorkshire breakfast (based on two people sharing a double/twin room in the courtyard).

Pre-luncheon drinks at 12:30 pm

Luncheon at 1:00 pm

Please call Julia on 01904 661301



Lisha Nelson was appointed the new winemaker at the Nelson Wine Estate in 2007. Lisha is one of the first woman winemakers in South Africa, and has launched a range of wine known as "Lisha Nelson Signature Wines" available soon.



NOVEMBER

SCHUBERT RECITAL

Reflections on Love

Sunday 7th November

Featuring tenor, Andrew O'Brien (top right) and pianist, Marc Verter. Enjoy a glass of winter Pimm's before listening to the great works of Schubert and other composers he influenced or admired. This will be followed by traditional afternoon tea served in the drawing room.

£24.50 per person

Winter Pimm's at 3:00 pm

Recital at 3:30 pm

Afternoon tea at 4:30 pm

Please call Julia on 01904 661301



CHAMPAGNE GALA DINNER

Friday 12th November

Featuring 'Cuvée Belle Époque' by Perrier-Jouët.

Discover the 2002 vintage, the first of the millennium.

"Imbued with charm and elegance, upholding the Perrier-Jouët values passed on by each successive generation of cellar masters for nearly two centuries. The portrayal of a unique style."

Four-course dinner including wines £95 per person

Or £170 per person with overnight accommodation and Yorkshire breakfast (based on two people sharing a double/twin room in the courtyard).

Reception drinks at 7:00 pm

Black tie

Please call Julia on 01904 661301



DECEMBER

CARL WILDE'S FLORAGANZA

Wednesday 8th December

Start off the Christmas season with a demonstration of stunning festive floral arrangements by the highly entertaining Carl Wilde.

£49.50 per person

Morning coffee at 10:30 am

Demonstration at 11:00 am

Drinks and luncheon at 12:30 pm

Please call Julia on 01904 661301



Time to ... enjoy relax refresh MIDDLETHORPE SPA

Call Middlethorpe Spa Reception on 01904 661317

TAKE HOME A LASTING GLOW

Tan safely with Decléor's "Sunrise Experience" for a lasting holiday glow. This treatment includes a full body exfoliation to maximise a healthy and radiant appearance. Full body tan and time for drying takes 85 minutes. £50



SPECIAL OFFER – receive 20% off this treatment when you purchase two Decléor Aroma-Sun products.

CLEANSE AND REFRESH WITH A BODY EXFOLIATION

**SPECIAL
OFFER**



Book an ESPA back, face and scalp treatment at £65 and receive a full body exfoliation for only £15 (usual price £30).



Total treatment time 2 hours.



THE FEEL GOOD FACTOR

Reflexology involves working on the feet to achieve a deeply relaxing holistic experience for the mind body and soul.

Sensitive, trained hands may detect imbalances in the feet and by working on these points the reflexologist can

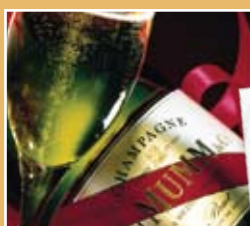
release blockages and restore the free flow of energy to the whole body.

Try a 30-minute taster session for only £25.

DISCOUNT – Book a course of four 55 minute treatments and receive 20% discount.

Looking for a present for someone - 30th, 40th, 50th, 60th, leaving or retirement?

Have friends joined together to buy something special? Why not give the gift of luncheon, dinner or afternoon tea? Perhaps an overnight stay, a spa day or one of the special events below. Delight your family, friend or colleague with a Middlethorpe Hall Gift Cheque. It is easy to arrange: just pick up the phone and leave the rest to us. **Tel: 01904 641241**



You can give a specific item (they won't see the cost) or a cheque to a value of your choice and let them choose and be delighted

SUMMER BREAKS

Stay in a NATIONAL TRUST house



YORKSHIRE

Tailor-make the break of your choice Middlethorpe Hall & Spa

Discover more about the historic city of York and stay at Middlethorpe Hall and Spa. Surrounded by 20 acres of manicured gardens, Middlethorpe is situated only two and a half miles from the city centre, and offers superb cuisine combined with excellent service and a beautiful Spa.

Stay from only **£129 per person** per night, based on two people sharing a twin or double room. This break is available Sunday to Thursday and includes:

- £43 allowance towards a candlelit 3-course dinner
- Overnight accommodation in a standard double room in the 18th century courtyard
- Early morning tea served in your room
- Full Yorkshire breakfast
- Use of Middlethorpe Spa (swimming pool, sauna, steam room, spa bath)
- Complimentary overnight parking.

PLUS A further 10% DISCOUNT at the York Designer Outlet and the services of a personal stylist while you are there (subject to availability – to be reserved in advance)

Add a choice of one of the following:

- A chilled bottle of Taittinger Rosé Champagne
- A one-day York Pass per person to discover the historic city and its many attractions
- Afternoon Tea for two served in the Drawing Room
- A 25-minute Decléor Aroma Back Relief for both guests.

(All offers are subject to conditions and availability)

Middlethorpe Hall Hotel, Restaurant & Spa, Bishopthorpe Road, York YO23 2GB. 01904 641241. www.middlethorpe.com



BUCKINGHAMSHIRE

Summer break in the Vale of Aylesbury Hartwell House & Spa

Escape to the country giving you the opportunity to enjoy the delights of this historic country house hotel in all its splendour. Enjoy 90 acres of parkland basking in Summer sunshine.

Take advantage of these excellent seasonal value for money breaks from **£170.00 per person** per night Sunday to Thursday (**£180.00 per person** per night Friday or Saturday) inclusive of dinner in the dining rooms to the value of **£45.00 per person**. Or if you are looking for more informal dining over the weekend then why not try our Bistro dining break in the Spa Cafe for **£160.00 per person** per night Friday or Saturday, inclusive of dinner to the value of **£25.00 per person**.

All break rates are inclusive and based on two people sharing a double or twin-bedded room, cooked breakfast and use of the Hartwell Spa.

Upgrades to Royal rooms, Four-poster bedrooms or Suites are available at a supplement.

To make a reservation please contact us on **01296 747444** quoting **Summer Break**.

**Vale of Aylesbury, Buckinghamshire HP17 8NR
Tel: 01296 747444 www.hartwell-house.com**

Escape to the country this Summer Bodysgallen Hall

Available from **£125 per person** per night for a minimum two-night stay, inclusive of accommodation, dinner in the Dining Room, cooked breakfast, use of the Spa, and VAT. Also included in the rate is free entry into a local place of interest.

**Llandudno, North Wales, LL30 1RS
Tel: 01492 584466 www.bodysgallen.com**



NORTH WALES

MIDDLETHORPE HALL HOTEL, RESTAURANT & SPA

Bishopthorpe Road, York YO23 2GB

Tel: 01904 641241 • Fax: 01904 620176 • Email info@middlethorpe.com • www.middlethorpe.com